

## I Am the Bread of Life

We left off with that Jesus is the Way and the Truth. But He is also the Life.

- **John 14:6** Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.

## So Jesus is also the Life.

- **John 10:10** The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.
- So not just life, but Abundant life. We are all born with a certain amount of life – but **taking Jesus as life results in abundant life.**

## What does it mean that Jesus is life?

It means that Jesus is actually life. He traded His life so that we would have eternal life.

- **Philippians 2:5-8** Let this mind be in you which was also in Christ Jesus, <sup>6</sup> who, being in the form of God, did not consider it robbery to be equal with God, <sup>7</sup> but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. <sup>8</sup> And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross.
- **John 3:16** For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

Jesus actually **gives** us life, because He **is** life, and He **gave** us **His** life.

- **John 1:4** In Him was life, and the life was the light of men.
- **John 6:63** It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.

## How do we receive His life?

That's where His next "I Am" statement comes in.

Jesus feeds the 5000 – Then He says:

- **John 6:32-33** Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. <sup>33</sup> For the bread of God is He who comes down from heaven and gives life to the world."

This sounds good to the people, so they respond by saying:

- **John 6:34** Then they said to Him, "Lord, give us this bread always."

**Jesus then says:**

- **John 6:35** And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."

## **I Am the Bread of Life**

### **What is bread?**

Bread is food. It's one of the only foods that exists in every single culture.

### **What do you do with bread?**

Eat it. When we eat it, it has an effect on us. It nourishes us, gives us strength, repairs and heals us.

### **How do we take in Jesus as the bread? Belief**

- **John 6:28-29** Then they said to Him, "What shall we do, that we may work the works of God?" <sup>29</sup> Jesus answered and said to them, "This is the work of God, that you believe in Him whom He sent."
- **John 6:35-36** And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst. <sup>36</sup> But I said to you that you have seen Me and yet do not believe."
- **John 6:47-51** Most assuredly, I say to you, he who believes in Me has everlasting life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your fathers ate the manna in

the wilderness, and are dead.<sup>50</sup> This is the bread which comes down from heaven, that one may eat of it and not die.<sup>51</sup> I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world."

- **John 6:64-66** But there are some of you who do not believe." For Jesus knew from the beginning who they were who did not believe, and who would betray Him.<sup>65</sup> And He said, "Therefore I have said to you that no one can come to Me unless it has been granted to him by My Father."<sup>66</sup> From that time many of His disciples went back and walked with Him no more.

**So really, Jesus as the Bread of Life is really Jesus in us.**

- **Colossians 1:27** To them God willed to make known what are the riches of the glory of this mystery among the Gentiles: which is Christ in you, the hope of glory.

What does it mean Christ in you?

**Ephesians 1:17-23** that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him,<sup>18</sup> the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints,<sup>19</sup> and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power<sup>20</sup> which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places,<sup>21</sup> far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.<sup>22</sup> And He put all things under His feet, and gave Him to be head over all things to the church,<sup>23</sup> which is His body, the fullness of Him who fills all in all.

1. Vs. 17: Your spirit is full of God's wisdom, revelation and knowledge.
2. Vs. 18: Your spirit is alive with the light of understanding exactly who you are.
3. Vs. 19-20: Your spirit knows just how fully God's power is aimed directly toward you.

4. Vs. 21-22: The love and adoration that Paul has for Jesus comes through as he describes what He's done for us and in us.
  - a. Jesus Christ has the name that is above all names, there is no power or enemy that can ever hope to be equal to Him, and that is where He remains forever.
  - b. Everything is at His feet, He is above all things, and THAT is who you are now in AND who lives in you.

### **But not only do we have Christ in us, we are also in Christ**

- **John 17:22-23** And the glory which You gave Me I have given them, that they may be one just as We are one: <sup>23</sup> I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me.
- **Ephesians 2:4-6** But God, who is rich in mercy, because of His great love with which He loved us, <sup>5</sup> even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), <sup>6</sup> and raised us up together, and made us sit together in the heavenly places in Christ Jesus,

**Ephesians 1:3-14** Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, <sup>4</sup> just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, <sup>5</sup> having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, <sup>6</sup> to the praise of the glory of His grace, by which He made us accepted in the Beloved. <sup>7</sup> In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace <sup>8</sup> which He made to abound toward us in all wisdom and prudence, <sup>9</sup> having made known to us the mystery of His will, according to His good pleasure which He purposed in Himself, <sup>10</sup> that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth--in Him. <sup>11</sup> In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to

the counsel of His will, <sup>12</sup> that we who first trusted in Christ should be to the praise of His glory. <sup>13</sup> In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, <sup>14</sup> who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.

- Paul's explanation of YOU IN CHRIST in Eph 1:3-14:
  - a. Vs 4: You have been hand-picked; you are holy and without blame.
  - b. Vs 5: You have been placed in His family, and taken as His own.
  - c. Vs. 6: You are showered by His grace at all times. You are accepted.
  - d. Vs. 7: You are redeemed. Completely forgiven.
  - e. Vs. 9-10: He has made His will known to you.
  - f. Vs. 11-12: You have obtained (meaning already taken hold of) a great past inheritance.
  - g. Vs. 13: You have been sealed with the Holy Spirit—which is the family seal.
  - h. Vs. 14: God freely gave the Holy Spirit as a down payment of your future inheritance.
- YOU IN CHRIST is where your spirit is located now, not physically, but positionally.
- YOU IN CHRIST is your union with Him.
- YOU IN CHRIST is the authority and position that you now carry as a child of God.